

Sunday

1st March 2026

MAIN STAGE	WORKSHOPS	WOMEN'S CIRCLES	COMMUNITY HUB	CRAFT	HARVEST
8AM	8AM	8AM	8AM	8AM	8AM
Goddess Yoga: Awakening the Divine Feminine with TARA SPRINGS	Remember Your Power Through Pussy Connection with Liz the Radiance Coach	Sound Immersion with Divine Horizons	GYM&TONIC Dance Fitness Party with Beautiful + Balanced Bodies	Collective Creations with Sensitive Souls Art Therapy	TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)
9:20AM	9:20AM	9:20AM	9:20AM	9:20AM	9:20AM
Awaken your inner energy with Qigong with Body and Soul Solutions	Buisness Magic with The Business Witch	Releasing Frustration with Earthen Soul Studio	Navigating Perimenopause Naturally: Empower Your Transition with Earth Goddess Healing	Paint your mandala with Helping Other People Evolve	Whispers and Roars - The Alchemy of Sound workshop/circle with Helping Other People Evolve
10:40AM	10:40AM	10:40AM	10:40AM	11AM	10:40AM
Jasmine Butera Live Performance	Mediumship Workshop with Jordie Janes Psychic Medium	Shadow & Sound with Im a Soul Queen	8d Spiritual Experience with Trish Pellen	Marquee CLOSED due to setting up for next workshop	Ancestral Handprints with Sharni Storm
12PM	12PM	12PM	12PM	12PM	
OPEN MIC	Intuition - Your Body of Knowledge with Intuitive Self	Are you a modern day Priestess, Feel connected to Goddess energy, or feel you hold the Magdalene Rose Lineage? with Dragonfly Alchemy	Nurturing yourself with Perfectly Imperfect Kris	Paint n Sip 	
1:20PM	1:20PM	1:20PM	1:20PM		1:20PM
Cowgirl Connections Mediumship event with The Cowgirl Medium	Introduction to Heaven & Earth Self-Healing with Wallan Healing Tree	Coming Home to Self with Soul Work Co	Consent and boundaries: the gateway to pleasure with Evolving Hearts		Break the Cycle: Mind Expansion Through NLP with Trish Pellen
3PM - MAIN STAGE CLOSING CEREMONY - WITH DIANA CLARK					



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8AM MAIN STAGE - Goddess Yoga: Awakening the Divine Feminine with TARA SPRINGS

Discover the transformative power of the wisdom goddesses of yoga through this embodied yoga workshop. This workshop invites you to embrace the wild, independent expressions of divine feminine consciousness. Through guided asana sequences, breathwork and meditation, you'll connect with your cyclical nature and awaken your innate feminine qualities. Experience the healing and empowerment that comes from invoking these ancient goddess energies.

Bring: Yoga mat

8AM WORKSHOPS - Remember Your Power Through Pussy Connection with Liz the Radiance Coach

Step into your divine feminine power by reconnecting with your pussy—the source of your intuition, pleasure, and self-love. This empowering workshop blends movement, meditation, and playful exploration to help you release shame, rediscover your body's wisdom, and ignite your inner radiance. Through dance, guided meditation, and group connection, you'll deepen your relationship with your body and desires, unlocking confidence and embodiment like never before.

Bring: Notebook and pen

8AM WOMEN'S CIRCLE - Sound Immersion with Divine Horizons

Bindy is a seasoned Sound Healer and Spiritual Musician with years of dedicated practice. She offers a unique & transformative sound healing meditation experience that has earned her recognition as the winner of the 2024 Spiritual Leaders Award in the Sound Healer/Spiritual Musician category. As an energy worker, Bindy is deeply passionate about using beautiful sound vibrations to promote healing and spiritual growth. Her proficiency & dedication make her a must experience practitioner at this year's festival

Bring: yoga matt/cushion/blanket/water/journal

8AM COMMUNITY HUB - GYM&TONIC Dance Fitness Party with Beautiful + Balanced Bodies

Join Toni for a great fitness class to get you energized for the day

Bring: Drink Bottle

8AM CRAFT - Collective Creations with Sensitive Souls Art Therapy

Collective Creations is an invitation to explore connection through the language of shared movement, mirrored mark-making, and intuitive co-creation. Using a gentle bifocal drawing process, participants will engage in paired and group art-making that centres relational presence, playful expression, and creative communication. This is a space to meet yourself and others in new ways — not through words, but through gestures, rhythm, and response. In this workshop, we'll explore what it feels like to move in synch with another, to lead and follow, to soften into creative trust, and to witness what unfolds when we co-create from presence rather than perfection. Designed for women to come together — whether friends or strangers — Collective Creations offers an opportunity to build connection through creativity, curiosity, and shared flow. No art experience is needed — just a willingness to meet the moment.

Bring: Notebook and any drawing materials you prefer

8AM HARVAST - TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)

Get hands-on and create your own piece of festival magic! Using your pre-ordered exclusive festival tee, you will bring it to life with bold, colorful tie-dye designs. No two pieces will ever be the same — you'll walk away with a wearable memory you made yourself. This is for pre-orders only. To take part in this experience please select this option here:

<https://events.ticketbooth.com.au/event/ultimate-girls-weekend-presented-by-bohemian-summer-festival>

Please note that orders will close off closer to the event and can not be purchased at the festival.

9:20AM MAIN STAGE - Awaken your inner energy with Qigong with Body and Soul Solutions

Qigong (pronounced "chee gong") is an ancient Chinese practice that combines gentle flowing movements, focused breathwork, and meditation to cultivate and balance the body's vital energy, known as "qi." Rooted in Traditional Chinese Medicine (TCM), qigong has been practiced for thousands of years to promote health, vitality, and spiritual well-being. Michelle will guide you through various Qigong practices, introduce you to the ancient wisdom of TCM, share insights about the 5 Elements, and encourage you to build your own personal practice for cultivating resilience and vitality in your daily life.

Bring: Wear something comfortable and bring a bottle of water. Can bring a yoga mat, but not essential

9:20AM WORKSHOPS - Business Magic with The Business Witch

You are invited to place your medicine on the altar of humanity. Come along and see how Katrena develops your magical business plan to become an expert in your field of excellence. Learn step by step how to position, package and price yourself correctly in your market through 7 streams of income. In this session, we will walk together through the 5 directions in this interactive experience you will discover your magical business destiny.

Bring: Notebook and Pen



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9:20AM WOMEN'S CIRCLE - Releasing Frustration with Earthen Soul Studio

Want to just scream your frustration to the world but scared it might hurt those around you? Well this is your chance to publicly express all that bottled up frustration, anger, rage in a safe space where none of us will get hurt. Women are constantly suppressing their frustration, when it finally bursts out they're often made to feel guilty or crazy for expressing it. Well #uck that! Life is frustrating! Why should we pretend it's not? Share your raw anger with your fellow frustrated sisters. We are not alone in our rage! Learn safe ways of expressing frustration via creative expression under the guidance of Yonie from Earthen Soul Studio.

Bring: Cushion and Notebook

9:20AM COMMUNITY HUB - Navigating Perimenopause Naturally: Empower Your Transition with Earth Goddess Healing

Perimenopause is a powerful, transformative time in a woman's life – but it can also bring unexpected challenges. In this supportive and informative presentation, KerriAnne, a women's health naturopath, will guide you through the physical, emotional, and hormonal changes of perimenopause. You'll discover why symptoms like fatigue, mood swings, weight changes, and sleep disturbances occur, and how natural approaches can help you feel more balanced, energised, and in control. KerriAnne will share practical strategies using nutrition, herbal medicine, lifestyle support, and stress management to ease the transition and help you thrive through midlife. Leave feeling informed, empowered, and connected to your body's innate wisdom.

9:20AM CRAFT - Paint your mandala with Helping Other People Evolve

Mandala Painting Workshop – A Journey Within Discover the meditative and healing power of mandala art in this relaxing, creative workshop. Through guided patterns and intuitive expression, you'll create your own vibrant mandala while exploring mindfulness, balance, and inner calm. No artistic experience needed—just a willingness to connect with yourself through color and shape.

9:20AM HARVAST - Whispers and Roars -The Alchemy of Sound workshop/circle with Helping Other People Evolve

Whispers and Roars is a space where participants learn how to connect with their authentic soul vibration /voice and use this as a healing tool.

Bring: Drink bottle

10:40AM MAIN STAGE - Jasmine Joy LIVE PERFORMANCE

Jasmine Joy is a solo singer-songwriter known for her soulful sounds, powerful vocals, and heartfelt storytelling. Accompanied by her acoustic guitar, she performs a mix of original songs and select covers, blending indie folk with themes of self-empowerment, femininity, healing, and connection to the earth. Through intimate and emotional performances, Jasmine creates a space where vulnerability and authenticity meet, inviting audiences on a journey of reflection and connection.

10:40AM WORKSHOPS - Mediumship Workshop with Jordie Janes Psychic Medium

In this workshop giving the participant ways of understanding the signs and the feeling of how to connect with their own loved ones in spirit

Bring: Notepad and pen

10:40AM WOMEN'S CIRCLE - Shadow & Sound with Im a Soul Queen

Through Reiki-infused vocal toning, compassionate shadow work, and embodied sound release, you'll be guided into the depths of your emotional body to meet the parts of you you've hidden, silenced, or suppressed. By activating your throat chakra through sound, you will clear energetic blockages within your body and nervous system, allowing your voice to rise and express your true frequency. As you move through this alchemy of energy and expression, your Soul Queen will rise; confident, grounded, and fully expressed in her authentic power.

Bring: Water Bottle

10:40AM COMMUNITY HUB - 8d Spiritual Experience with Trish Pellen

Put on your headphones, close your eyes, and let the outside world melt away. Join Trish on a soulful 8D audio experience – a journey that stirs the imagination, lifts the spirit, and gently guides you toward new inner landscapes. You might even feel a whisper of the divine along the way.



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10:40AM HARVAST - Ancestral Handprints with Sharni Storm

Connect with the power of your ancestral medicine.

Shed layers of suppression and tap into your bodies natural healing abilities. Trust what you hear, see and know as you walk the path of listening to your body and hearing the spirit of your ancestors speak through you. Everything is energy and understanding the language of life will see you through each season. This offering is a combination of Energy Healing + Art Therapy.

Bring: yoga mat, a blanket

11AM CRAFT - CRAFT MARQUEE CLOSED

Due to setting up next workshop

12PM MAIN STAGE - Open Mic

Come on down to the main stage and sign up to show off a song, an act - whatever you like!

12PM WORKSHOPS - Intuition - Your Body of Knowledge with Intuitive Self

This interactive workshop entices you to curiously connect with your Intuition and learn to recognise how this source of wisdom uniquely speaks to you through your body and felt sense. Through playful body awareness techniques and creative expression, you will learn how to feel a YES and a NO in your body, grow this relationship with Self and be supported to navigate decisions in life that align with who you want to be in the world.

Bring: Notebook and Pen

12PM WOMEN'S CIRCLE - Are you living in your Divine Feminine body to receive and manifest or are you living in your wounded masculine body to push and do with Dragonfly Alchemy

Are you Tired, Exhausted and continually feeling like you are pushing against resistance. This session brings you into the awareness of how you move in your everyday life of having to do, to push, to achieve and complete. Then gives you the skills of how to move your body to be, to receive, to manifest in the divine feminine and live fully nourished and vital. We will incorporate, movement, sound, holy oils and a new patterning for your mindset.

12PM COMMUNITY HUB - Nurturing yourself with Perfectly Imperfect Kris

A candid conversation and chat about the power of combining traditional medicine and holistic alternatives to help you move in to health, vitality and wellness throughout cancer treatment and beyond

Bring: Something to sit on, if they need some comfort, a notebook if they'd like to take notes, some water and themselves.

12PM - PAINT N SIP

Come and enjoy a session of Paint n Sip! Choose from two designs or create your own!

Paint n Sip repeats daily.

1:20PM MAIN STAGE - Cowgirl Connections Mediumship event with The Cowgirl Medium

Audience readings that can run for up to 1 and 1/2 hours (depending on what works for you) Connecting you to your loved ones in spirit and sharing the messages that come through. Not everyone gets a reading but they certainly get a lot from just being part of the audience. We vary from humor, emotion and all things in between, proving our love is eternal.

1:20PM WORKSHOPS - Introduction to Heaven & Earth Self Healing with Wallan Healing Tree

Heaven & Earth Self-Healing – Chakra Balancing Guided Meditation Experience a powerful energetic reset in this guided chakra balancing meditation, inspired by the Heaven & Earth Self-Healing Method™. This unique process supports the release of dense energy and emotional blockages while aligning each of the seven major chakras with the stabilizing energy of the Earth and the high-frequency light of Source. Through visualization, intention, and breath, Sarah will guide participants to ground into Earth's energy, clear stagnant energy from the body, and activate their natural self-healing ability. Each chakra is gently brought into harmony, creating a sense of inner clarity, peace, and energetic renewal. This is more than a meditation – it's a vibrational realignment from the inside out.

Bring: Yoga Mat , Pillow/cushion/blanket



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1:20PM WOMEN'S CIRCLE - Coming Home to Self with Soul Work Co

Sit in circle with known and new soul sisters to close the weekend and reconnect with your inner self. Through guided meditation, reflection, and heartfelt sharing, we'll ground, integrate, and honour all that's been awakened. A sacred space for women to pause, breathe, and come home to self, to soul, and to each other.

Bring: Yoga mat or cushion, journal and pen, a special item to place on the altar (remember to take it home with you)

1:20PM COMMUNITY HUB - Consent and boundaries: the gateway to pleasure with Evolving Hearts

True pleasure begins with knowing and trusting the body's yes and no. This interactive workshop explores consent and boundaries through embodied awareness rather than theory. Participants will learn to recognise subtle body cues, practise expressing clear yeses and nos, and notice how the body responds in real time. Through light, playful partnered exercises, this session builds confidence, clarity, and self-trust - essential foundations for deeper connection, intimacy, and pleasure in all areas of life.

Bring: Notebook and Pen

1:20PM HARVAST - Break the Cycle: Mind Expansion Through NLP with Trish

When life keeps delivering the same patterns and messages, it's often a sign that deeper shifts are ready to happen. Join Trish for an engaging and interactive discussion where Neuro Linguistic Programming (NLP) is used in real-time to gently rewire unhelpful thought loops and expand your perception. No scripts, no slides, no pre-talks - just real advice. There's no need to close your eyes or drift off on a guided journey. Instead, experience the power of quantum communication and conscious language shifts as Trish helps you identify and reframe old patterns - with just a few simple words.

Bring your questions, bring your stuck stories - and leave with a mind that sees more possibilities than ever before.

Bring: ust bring an open mind and any questions you have about blocks in life. Let's talk and grow :)

3PM MAIN STAGE - CLOSING CEREMONY with Diana Clark

Join us, one last time, as we gather in the gentle embrace of our closing ceremony, lovingly guided by the incredible Diana Clark.

Together, we will soften our breath, steady our hearts, and ground our spirits before we journey home.

We offer our gratitude to the land that has held us with such patience and grace.

To the women who have woven their gifts into the tapestry of this festival.

To the families and loved ones who made space for us to be here.

And most of all, to ourselves—for saying yes to this time.

Time to reconnect.

Time to recharge.

Time to remember who we are.