

Friday

31st July 2026

MAIN STAGE	WORKSHOPS	WOMEN'S CIRCLES	COMMUNITY HUB	CRAFT	MEET & GREET
11AM	11AM	11AM	11AM	11AM	11AM
Spirit Audience Readings with The Healing Academy Australia - presenting Connie Rose, Voice for Spirit	The Power of the Mind WITH Explore Discover	Sound Healing Session with The Expression Atelier	It's more than just saying thank you with The Gratitude Method TM	TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)	TBC
12:10PM	12:10PM	12:10PM	12:10PM	12:10PM	
Flow & Glow with Sionna Lifestyle & Yoga	Embodied Consent & Boundaries with Fembodied	Heaven & Earth Self Healing Meditation with Wallan Healing Tree	Introduction to Family Constellation With Trin Tambo	Water Colours Workshop	
1:20PM	1:20PM	1:20PM	1:20PM	2PM	
Manifestation in Motion with Linda Willow Roberts	INTUITION - YOUR BODY OF KNOWLEDGE with Intuitive Self	Breathwork with The Woo Woo Shed	Silent Conscious Disco with Inner Journey with Kaya	Marquee CLOSED due to setting up for next workshop	
2:30PM	2:30PM	2:30PM	2:30PM	2:30PM	
Empower Your Voice with The Expression Atelier	Your Adventure Era Starts Here with Cassandra Carson, Founder of Girls Day Out 4WD Edition	Primal Power: A Ritual of Wild Feminine Awakening with Rikki Yeowart	Ride with Anxiety with Kim Walker Psychologist	Paint n Sip	
3:40PM	3:40PM	3:40PM	3:40PM		
Qoya free dance class with Liz the Radiance Coach	Mediumship workshop with The Cowgirl Medium	How to be a Feminine Warrior in todays world with Dancing with Horses	Becoming Whole: The Journey from Fragmentation to Integration with Cherie Rivas Transformational Therapies and Coaching		
5:00PM - MAIN STAGE OPENING CEREMONY - WELCOME TO COUNTRY AND SMOKING CEREMONY					
6PM	6PM	6PM	6PM		
PJ PARADE followed by performance by Spinderellas	Entering your Peak as the Crone with Business Witch	Sound Bath with Sandy From Harmonic Sanctum	Reset & Rewire: Finding Calm in Your Nervous System with Innerform Health		
7:20PM	7:20PM	7:20PM			
EMMARA LIVE PERFORMANCE	MOVIE NIGHT	Mediumship Demonstration with Jo the Medium			
8:30PM					
DANCE PARTY with DJ RENEE TUI					

Friday 31st July 2026

11AM MAIN STAGE - Spirit Audience Readings with The Healing Academy Australia - presenting Connie Rose, Voice for Spirit

Step into a sacred space where messages from beyond come to life. Connie Rose, known as Voice for Spirit, offers heartfelt and accurate audience readings that connect you with passed loved ones, ancestors, and spirit guides. Through warmth, compassion, and a touch of humour, Connie creates a safe and uplifting environment where Spirit brings forward exactly what's needed – whether that's comfort, closure, guidance, or a reminder that you're never truly alone. Even if you don't receive a direct message, every reading carries something meaningful for everyone present. Come with curiosity, leave with connection.

Bring: Come along with an open, playful heart

11AM WORKSHOPS - The Power of the Mind with Explore Discover

Teaching mindfulness techniques, spiritual perspectives & the tools to require the Brain with scientific references. Can do in presentation workshop format, or in women's circle format including guided meditations.

Bring: Cushion, notebook, pen

11AM WOMENS CIRCLES - Sound Healing Session with The Expression Atelier

1 Hour Sound Healing Experience with crystal sound bowls

Bring: Yoga mat and cushion

11AM COMMUNITY HUB - It's more than just saying thank you with The Gratitude Method TM

"It's More Than Just Saying Thank You" is an interactive gratitude experience designed to shift how we see ourselves and the world around us. Through stories, reflection, and simple daily practices, participants discover that gratitude isn't just a list it's a lifestyle. Together, we explore how to turn life's challenges into moments of appreciation, calm, and connection. Expect laughter, lightbulb moments, and a renewed sense of inner peace.

Bring: Journal, cushion pen!

11AM CRAFT - TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)

Get hands-on and create your own piece of festival magic! Using your pre-ordered exclusive festival tee, you will bring it to life with bold, colorful tie-dye designs. No two pieces will ever be the same – you'll walk away with a wearable memory you made yourself. This is for pre-orders only. To take part in this experience please select this option here:

<https://events.ticketbooth.com.au/event/ultimate-girls-weekend-presented-by-bohemian-summer-festival>

Please note that orders will close off closer to the event and cannot be purchased at the festival.

12:10PM MAIN STAGE - Flow & Glow with Sienna Lifestyle & Yoga

A yoga class for everybody. Feel welcome, grounded, and completely at ease as Shannon guides you through a gentle flow designed to make your body sing and your spirit shine. Blending mindful movement, breath, and relaxation, Flow & Glow invites you to reconnect with yourself - to soften, stretch, and smile from the inside out. Perfect for beginners and experienced yogis alike, this session is all about feeling good, not doing it "right." Come as you are and leave feeling balanced, refreshed, and radiant.

Bring: your yoga mat, a cushion if you have one and a smile!

12:10PM WORKSHOPS - Embodied Consent & Boundaries with Fembodyed

In this playful and interactive workshop, we explore what it truly means to feel and honour your yes and no. Through body-based games, partner exercises, and group activities, you'll learn to drop deeply into your body, notice the subtle cues of your nervous system, and find the confidence to express your truth. We'll gently explore how trauma responses can influence our boundaries, and how to reclaim choice in every moment. This is a fully consent-based space where all participation is optional, ensuring safety and respect for every woman present. Expect movement, laughter, connection, and those "aha" moments where your body speaks louder than your mind.

Bring: A cushion

Friday 31st July 2026

12:10PM WOMEN'S CIRCLES - Heaven & Earth Self-Healing Meditation with Wallan Healing Tree

Heaven & Earth Self-Healing – Chakra Balancing Guided Meditation Experience a powerful energetic reset in this guided chakra balancing meditation, inspired by the Heaven & Earth Self-Healing Method™. This unique process supports the release of dense energy and emotional blockages while aligning each of the seven major chakras with the stabilizing energy of the Earth and the high-frequency light of Source. Through visualization, intention, and breath, Sarah will guide participants to ground into Earth's energy, clear stagnant energy from the body, and activate their natural self-healing ability. Each chakra is gently brought into harmony, creating a sense of inner clarity, peace, and energetic renewal. This is more than a meditation – it's a vibrational realignment from the inside out.

Bring: yoga mat, cushion

12:10PM COMMUNITY HUB - Introduction to Family Constellation With Trin Tambo

Experience the power of Family Constellations in this one-hour demonstration. Trin will guide a participant through a live constellation, showing how hidden family dynamics can come to light and shift within the group field. This taster session gives a moving glimpse into how generational patterns influence our lives and how healing can begin.

Bring: Cushion and bottle of water

1:20PM MAIN STAGE - Manifestation in Motion with Linda Willow Roberts

Join Linda Willow Roberts live on the main stage for a powerful and interactive experience that blends psychic insight, energy work, and the art of manifestation. You'll witness how energy moves, learn how to align with your own frequency of abundance, and take part in practical demonstrations that show the reality of manifestation in motion. Linda's unique approach combines intuition, teaching, and audience interaction, leaving you inspired, activated, and ready to create the life you deserve.

1:20PM WORKSHOPS - INTUITION - YOUR BODY OF KNOWLEDGE with Intuitive Self

This interactive workshop entices you to curiously connect with your Intuition and learn to recognise how this source of wisdom uniquely speaks to you through your body and felt sense. Through playful body awareness techniques and creative expression, you will learn how to feel a YES and a NO in your body, grow this relationship with Self and be supported to navigate decisions in life that align with who you want to be in the world.

Bring: Notebook

1:20PM WOMEN'S CIRCLES - Breathwork with The Woo Woo Shed

DMT Breathwork This isn't just breathing – it's a full-body reset. DMT Breathwork blends conscious breath with somatic movement to unlock the places trauma hides, release what your body has been holding onto, and move energy that talking alone can't touch. Expect tears, tingles, breakthroughs, and a deep reconnection with your body's wisdom.

Bring: yoga matt cushion and blanket

1:20PM COMMUNITY HUB - Silent Conscious Disco with Inner Journey with Kaya

TBC

Bring:

2:30PM MAIN STAGE - Empower Your Voice with The Expression Atelier

A powerful throat chakra activation to help women own their voices and release energetic blockages when it comes to speaking and singing. A deeply transformational experience guiding you back home to your full authentic voice. Includes sound healing, guided meditation, interactive and reflective exercises.

Bring: Yoga mat, cushion and notebook.

2:30PM WORKSHOPS - Your Adventure Era Starts Here with Cassandra Carson, Founder of Girls Day Out 4WD Edition

This is your sign to start the adventure you've been dreaming about. Whether it's road trips, beach drives, camping weekends or off-grid exploring – this fun and empowering session is all about helping women feel confident getting started.

We'll chat through the basics in a relaxed, no-pressure way – what you actually need (and what you don't), simple tips to feel safe and prepared, and how to take that first step into your adventure era.

Come solo or with your girls – this is all about building confidence, having a laugh, and realising you're more capable than you think.

Bring: Sense of Adventure!

Friday 31st July 2026

2:30PM WOMEN'S CIRCLE - Primal Power: A Ritual of Wild Feminine Awakening with Rikki Yeowart

A journey back into your most primal, raw, and untamed self. An unravelling of the conditioning, the silencing, the smallness. In this ritual space, you're invited to remember what it means to be wild and powerful in your femininity. To express the parts of you that have been suppressed, shamed, or forgotten... and to do so with fierce love. Through breathwork, chakra-based energy activation, five-senses ritual, and embodied expression, we'll awaken the deep wisdom of your body. We'll move earth power through your pelvis, stir the fire in your voice, and explore: • How safe do you feel in your sexiness? • How fully do you allow yourself to be seen - raw, radiant, and real? This is your moment to reclaim and remember the parts of you that are unapologetically alive. To root yourself in power, pleasure, and presence. To rise! Not as someone new, but as more of who you already are. Let this be your liberation. Let this be your remembering.

Bring: Yoga mat, water. for the 5 senses ritual something small they can eat and smell. Like a strawberry or peice of dark chocolate.

2:30PM COMMUNITY HUB - Ride with Anxiety with Kim Walker Psychologist

Through powerful stories, relatable examples, and proven motorcycle mindset techniques, Kim guides you step-by-step to: Understand how riding anxiety shows up in your body, thoughts, and habits. Calm your nervous system and stay present in the moment. Reframe fear of riding so it works for you, not against you. Take action in small, confidence-building steps. Build your support crew to help you keep riding forward.

Bring: Just themselves- and anything they need to feel comfortable.

2:30PM - 3:40PM CRAFT MARQUEE CLOSED

Due to setting up next workshop

3:40PM MAIN STAGE - Qoya free dance class with Liz the Radiance Coach

Qoya is a free-dance movement class that invites you to come home to your body, your truth and your feminine essence. There's no way to do it wrong, and the way you know you're doing it right is that it feels good. During the class we will dance with the theme of Pleasure and explore what that means for you.

Bring: Yoga mat and/or cushion

3:40PM WORKSHOPS - Mediumship workshop with The Cowgirl Medium

Tonia loves helping others awaken their own mediumship gifts to help decipher the signs that our loved ones want us to know. This workshop requires a journal to take notes and an open heart.

Bring: Journal

3:40PM WOMENS CIRCLES - How to be a Feminine Warrior in todays world with Dancing with Horses

What does it mean to be a feminine warrior in todays world? How can we combine the empathic, sensual, intuitive side of us with the strong, decisive, take action side? Can we still celebrate the feminine traits without being seen as weak or soft? We need to love ourselves for who we are. These and other questions we will be exploring in this powerful workshop. Tools we will use to explore, learn, experience are: Partner dance. As a Leader you embody - decisiveness, assertiveness, spacial awareness, protectiveness, work on building trust and knowledge. As a Follower you embody - letting go, surrender to the flow, respond, invite, trust. Both these masculine/feminine sides are important and conscious awareness can create powerful healing.

3:40PM COMMUNITY HUB - Becoming Whole: The Journey from Fragmentation to Integration with Cherie Rivas Transformational Therapies and Coaching

A deeply healing exploration of the fragmentation that occurs through trauma, conditioning, and repression... and how shadow work leads us back to inner unity and embodiment. (This presentation will piece together the mind/body/energy/spirit connection).

Bring: Open hearted vulnerability and courage. (This presentation may involve screaming and other forms of somatic expression).

3:40PM CRAFT - PAINT N SIP

Come and enjoy a session of Paint n Sip! Choose from two designs or create your own! Paint n Sip repeats daily.

Friday 31st July 2026

5PM OPENING CEREMONY

More details to come about our opening ceremony.

6PM MAIN STAGE - PJ PARADE followed by performance by Spinderellas

The PJ Parade is an absolute must! Dress up in your PJS and take part in our parade to win some incredible prizes. So much fun at a festival that doesn't take itself too seriously!

Stick around for a quick performance by the Spinderellas!

Armed with sass, sparkle, and a whole lotta hoops, these outrageous babes from the Northern Rivers have spun their way into the hearts of audiences across the shire and beyond. Whether dazzling the audience at private parties, lighting up festival stages, or causing a scene at your local street party, the Spinderellas bring big hoop energy and moves to make you drool.

Bring: Full Pj Attire! Curlers, dressing gowns - whatever floats your boat. Prizes to be won for best dressed!

6PM WORKSHOPS - Entering your Peak as the Crone WITH Business Witch

Often when entering The Crone, we step too lightly. The chapter of The Crone is powerful but lost. It's time to relabel it, reclaim it and give it its rightful place. Come to be renewed, fulfil your destiny and start to live as the respected elder, The Wise Woman, The Crone and run wild and free.

Bring: Journal and pen

6PM WOMEN'S CIRCLE - Sound Bath with Sandy from Harmonic Sanctum

A sound bath with Harmonic Sanctum is a deeply restorative experience where soothing vibrations from crystal singing bowls wash over you. Participants are guided into a state of calm as the sound frequencies release tension, quiet the mind, and invite balance and harmony within.

Bring: Yoga mat, eye mask, blanket

6PM COMMUNITY HUB - Reset & Rewire: Finding Calm in Your Nervous System with Innerform Health

When was the last time your body truly exhaled? In this immersive, soul-soothing session, Jane guides you through the science and sensation of nervous system regulation - helping you understand why your body gets stuck in stress and how to bring it back to calm. You'll experience gentle, evidence-based rewire techniques followed by a deeply restorative Yoga Nidra to settle your whole system. Leave feeling lighter, grounded, and connected to a sense of safety you can carry anywhere. Facilitator: Jane Ooms

Bring: Yoga mat or cushion (both optional)

7:20PM MAIN STAGE - EMMARA

Emmara is an Australian/Filipino solo performer based between Brisbane and the Gold Coast. Singing and playing acoustic guitar, she performs a mix of original music and popular acoustic covers.

With around 10 original songs released across streaming platforms including Spotify and Apple Music, Emmara is passionate about connecting with audiences through heartfelt live performances and storytelling through music.

Alongside her original work, she regularly performs at venues and events across Brisbane and the Gold Coast, bringing a warm, laid-back acoustic vibe with well-known songs audiences love to sing along to.

7:20PM WORKSHOPS - MOVIE NIGHT

As the day winds down, sink into a cozy evening. Grab a blanket, cushion /pillows, some snacks, and settle in for a relaxed movie night – the perfect way to rest, recharge, and share a little laughter (or a few tears) with your festival friends.

Bring: Anything to make you cozy and some movie snacks

7:20PM WOMENS CIRCLES - Mediumship Demonstration with Jo the Medium

A short introduction to myself and how I went to a journey back to my own soul and how I found psychic and mediumship work through grief. I'd like to make connections to the spirit world with the Audience with a live mediumship demonstration- showing how these connections can be deeply healing for those who are grieving.

Bring: An open heart and an open mind

8:30PM Dance Party with DJ Renee Tui

DJ Renee Tui isn't just any DJ; she's a dynamic and passionate artist whose love for music spans across decades. From the groovy vibes of the '70s, the electrifying beats of the '80s, the iconic anthems of the '90s, to the unforgettable hits of the 2000s! With a knack for reading the crowd and covers a broad spectrum of genres, DJ Renee Tui makes an unforgettable experience on the dance floor. Whether it's a retro-themed party, a wedding celebration, or a high-energy club night, she knows exactly how to get the crowd moving and keep the energy alive. Get ready to dance, sing along, and lose yourself in the rhythm with DJ Renee Tui – where every beat tells a story!

Saturday

1st August 2026

MAIN STAGE	WORKSHOPS	WOMEN'S CIRCLES	COMMUNITY HUB	CRAFT	MEET & GREET
8AM	8AM	8AM	8AM	8AM	8AM
Slow Flow Yoga with Explore Discover	Mothering the Inner You with Sapling Minds	HEART WISDOM with Intuitive Self	The Body Remembers: Understanding Trauma & The Healing Path with Innerform Health	TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)	TBC
9:20AM	9:20AM	9:20AM	9:20AM		
TBC	Animal Communication with The Cowgirl Medium	Voice Activation with Natasha Haddad	Rewriting the Burnout Narrative with Brightfolk Naturopathy		
10:40AM	10:40AM	10:40AM	10:40AM	10:40AM	
TBC	Manifestation in Motion with Linda Willow Roberts	Untamed somatic movement with The Woo Woo Shed	Radical Body Acceptance: The Real Work, Not the Instagram Version with Liz the Radiance Coach	Tarot for Your Self with the Business Witch	
12PM	12PM	12PM	12PM		
Dancing between worlds - spirit messages & intuitive movement with The Healing Academy Australia - presenting Connie Rose, Voice for Spirit	The Art of Courageous Conversations. Empowered Communication for Women Who Are Done Walking on Eggshells with Rikki Yeowart	Temple of Woman - Sacred Women's Circle with Inner Journey with Kaya	Healing From Birth: A Constellation Demonstration with Trin Tambo		
1:20PM	1:20PM	1:20PM	1:20PM	1:20PM	
Transformational Dance with Jo the Medium	Stop Dating Losers with Liz the Radiance Coach	Meet Your Future Self Guided Journey with Wallan Healing Tree	Who Are You Without The Story with Dianne Horton	Marquee CLOSED due to setting up for next workshop	
2:40PM	2:40PM	2:40PM	2:40PM		3PM
Hula hoop your heart out with Jane Fondle/ Hoops Thighs & Buttocks	Throat Chakra Activation with The Expression Atelier	Sound Bath with Sandy From Harmonic Sanctum	Nurturing yourself through cancer treatment and beyond with Perfectly Imperfect Kris	Paint n Sip	
4PM	4PM	4PM	4PM		
Cowgirl Connections Mediumship readings for your loved ones including pets who have passed with The Cowgirl Medium	Burlesque Dance Class Present by "Phoenix" Owner of Wilde Women Movement & Sacred Grounds of Wilde	Sacred Womb Journey with Fembodied	Reclaiming Your Power through Shadow Work with Cherie Rivas Transformational Therapies and Coaching		
5:20PM	5:20PM	5:20PM	5:20PM		
Live Performance by Wilde Women Movement	Unlock the Secrets of the Witches' Wound with The Business Witch	Feminine pain lines generational clearing with Dancing with Horses	Spark Sessions: Connect & Reflect with Sionna Lifestyle & Yoga		
5:40PM	7PM				
Live Performance by EMMARA	BOGAN BINGO				
7:30PM					
Spinderellas followed by 80's dance workshop with Jane Fondle/ Hoops Thighs & Buttocks					

1st August 2026

8AM MAIN STAGE - Slow Flow Yoga with Explore Discover

Mindful gentle nourishing movement that includes a body awareness, gratitude and compassion meditation.

BRING: Yoga Mat and drink bottle

8AM WORKSHOPS - Mothering the Inner You with Sapling Minds

You can't pour from an empty cup, and your inner voice may be draining you. This session helps you reparent yourself through compassionate self-talk, so you can show up with clarity, confidence, and connection as your maternal presence matters in our world.

BRING: Yoga Mat, drink bottle, pillow/cushion, blanket, journal

8AM WOMEN'S CIRCLE - HEART WISDOM with Intuitive Self

Often when entering The Crone, we step too lightly. The chapter of The Crone is powerful but lost. It's time to relabel it, reclaim it and give it its rightful place. Come to be renewed, fulfil your destiny and start to live as the respected elder, The Wise Woman, The Crone to run wild and free.

BRING: I recommend bringing an open heart, an open mind, and a willingness to transform your inner dialogue. Many women also find it helpful to bring a journal for self-reflection and note-taking throughout the session.

8AM COMMUNITY HUB - The Body Remembers: Understanding Trauma & The Healing Path with Innerform Health

Ever wondered why you can feel fine one moment and suddenly flooded the next? This powerful and compassionate session unpacks what trauma really is: not a story in the mind, but a pattern held in the body. Jane and Chloe weave the science of the nervous system with the biology of the gut-brain connection, offering a holistic roadmap to healing that goes beyond talking and into true transformation. Expect "aha" moments, gentle guided practices, and a new understanding of how your body leads the way back to safety and strength. Facilitators: Jane Ooms & Chloe Louise

Bring: Notebook and pen for reflection (optional)

8AM CRAFT - TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)

Get hands-on and create your own piece of festival magic! Using your pre-ordered exclusive festival tee, you will bring it to life with bold, colorful tie-dye designs. No two pieces will ever be the same — you'll walk away with a wearable memory you made yourself. This is for pre-orders only. To take part in this experience please select this option here:

<https://events.ticketbooth.com.au/event/ultimate-girls-weekend-presented-by-bohemian-summer-festival>

Please note that orders will close off closer to the event and cannot be purchased at the festival.

9:20AM MAIN STAGE - TBC

9:20AM WORKSHOPS - Animal Communication with The Cowgirl Medium

Have you often wondered what your animal is communicating to you? Animal communication is a wonderful awakening to start a dialogue with your pets (and also pets in spirit if you choose) For many of us we are already connecting but maybe we would like to expand on that knowledge I'll share tools to help you amplify your connection to the animal kingdom and the messages they want to share with us.

Bring: Journal

9:20AM WOMEN'S CIRCLE - Voice Activation with Natasha Haddad

eremony Music & Voice Activation This ceremony is a powerful blend of somatic therapy, sacred sound, and intuitive vocal activation designed to dissolve the blocks that keep women silent, small, or disconnected from their true voice. We begin by entering a grounded, resourced state through somatic psychotherapy practices, gently unwinding the tension, fear, and contraction held in the throat, chest, and body. Participants are guided through a quantum meditation journey that helps release old imprints, people-pleasing patterns, and ancestral memories of being quietened or unseen. As the energetic pathways clear, women reconnect to the truth, strength, and clarity that naturally lives inside their voice. Once softened and open, we shift into voice activation, using breath, vibration, and resonance to awaken the throat and reclaim authentic expression. I will share a selection of ceremony songs I have received—songs downloaded through my healing work. These songs act as vibrational medicine, and the group is invited to sing with me, weaving our voices together in unity, remembrance, and power. The ceremony becomes a space of liberation, sisterhood, embodiment, and deep soul expression. Women leave feeling expanded, confident, connected—and in full ownership of their sacred voice.

Bring: Yoga mat to lie on comfortably Pillow or cushion for support Water bottle Journal and pen for reflections and integration Tissues if the venue does not provide them Optional but helpful Eye mask if you'd like to go deeper during meditation Light shawl or blanket to stay warm as the body relaxes Comfortable clothing you can move and breathe in easily

1st August 2026

9:20AM COMMUNITY HUB - Rewriting the Burnout Narrative with Brightfolk Naturopathy

Women are exhausted – physically, emotionally, hormonally – and most have been taught to push through rather than listen in. This session explores how stress and the nervous system uniquely impact women's bodies, hormones, digestion, mood, and energy. Led by local women's health naturopath Maddison Auld, this talk reframes burnout as a physiological response rather than a personal weakness, and offers realistic, compassionate ways to support the nervous system in everyday life. This is a permission giving session designed to help women slow down without guilt.

Bring: Notebook, cushion

10:40AM MAIN STAGE - TBC

10:40AM WORKSHOPS - Manifestation in Motion with Linda Willow Roberts

Join Linda Willow Roberts live on the main stage for a powerful and interactive experience that blends psychic insight, energy work, and the art of manifestation. You'll witness how energy moves, learn how to align with your own frequency of abundance, and take part in practical demonstrations that show the reality of manifestation in motion. Linda's unique approach combines intuition, teaching, and audience interaction, leaving you inspired, activated, and ready to create the life you deserve.

10:40AM WOMEN'S CIRCLE - Untamed somatic movement with The Woo Woo Shed

Your body remembers what your mind has tried to forget. Every heartbreak, every moment you swallowed your truth, every time you kept it together when you were falling apart – it lives in your body. In the tightness in your chest, the ache in your jaw, the weight in your hips. Trauma isn't just a story from the past. It's living tissue, it's clenched fists, it's exhaustion you can't explain. And you don't shift that by thinking your way out of it. You shift it by feeling your way through it. That's where somatic movement and breathwork collide. This isn't about sitting still or talking it out for the hundredth time. This is about getting into the raw, unspoken language of your body – letting it shake, move, scream, release. It's about peeling back the layers of survival mode so your nervous system can finally exhale. When you step into this space, you'll use breath to crack open the places you've been numb. You'll move in ways that unlock emotions you didn't even know were stuck. You'll release tension, trauma, and grief you've been carrying for years. And you'll reconnect with the power, softness, and wild truth of your body. This work is confronting, yes. But it's also liberating as hell. If you're tired of carrying your pain like it's part of your personality... if you're ready to stop managing your trauma and actually move it out... this is for you. Your body has been waiting for this moment. The only question is, are you ready to listen?

BRING: Yoga matt and cushion

10:40AM COMMUNITY HUB - Radical Body Acceptance: The Real Work, Not the Instagram Version with Liz the Radiance Coach

A fiery, embodied workshop to help you reconnect with your body beyond shame, judgement or comparison. Through honest conversation, raw movement and emotional release, we'll unravel the stories we've been told and remember the truth: your body is not the problem – it's the portal. This is not about loving how you look. It's about stopping the fight, reclaiming your power, coming home to yourself and accepting yourself as you are right now. Come as you are, you're perfect already.

1st August 2026

10:40AM CRAFT - Tarot for Your Self with The Business Witch

This workshop gives you the opportunity to immerse yourself in yourself. Teaching you about your path, with the aim to discover through your own experience what your life purpose and soul purpose means to your evolution. We will combine astrology and tarot together in this unique fun experience. Each participant will receive their personality card, soul card, year cards, lessons and opportunities cards, destiny card, personal potential card, inner teacher card and mode of expression card. These cards are permanent to your life and will provide clarity in this lifetime.

Bring: Notebook

12PM MAIN STAGE - Dancing with Spirit: A Mystical Journey with Connie Rose, Voice for Spirit & Suzi from Healing Moods

Step into a soul-lead celebration where Spirit meets movement, and healing becomes a dance... Join Connie Rose – Voice for Spirit, and Suzi from Healing Moods, for a transformative uplifting experience at the Bohemian Summer Festival. Together, they invite you on a magical journey into the heart of the unseen – where love, healing, and divine connection await. Connie Rose will channel messages from your spirit team, ancestors, and passed loved ones, bringing through guidance, comfort, and joy direct from the spirit world. Then, guided by Suzi's intuitive flow, we'll shift the energy through the power of movement – shaking off what no longer serves and becoming a clear channel to receive more light and love. 🌟 Whether you sit or stand, sway gently or move freely – this experience is for everyone. No dance background needed, just an open heart and a desire to reconnect with your passed loved ones and spirit team. Together, we'll create a sacred space to release, receive, and rejoice – dancing with our own spirit teams in a circle of unconditional love. 🧘 A mystical merging of spirit and embodiment. 🎶 A joyful expression of healing through dance. ✨ A divine moment of connection, just for you. Come dance with Spirit... they're already dancing with you.

Bring: Open loving hearts and the little girl inside her that wishes to play!

12PM WORKSHOPS - The Art of Courageous Conversations. Empowered Communication for Women Who Are Done Walking on Eggshells with Rikki Yeowart

Have you ever avoided saying what's really on your heart for fear of conflict, disconnection, or being “too much”? This empowering one-hour session is for women ready to stop shrinking, people-pleasing, or bottling up their truth and start communicating with clarity, confidence, and compassion. Through practical tools drawn from conscious communication, non-violent language, and emotional attunement, you'll learn how to: • Begin a difficult conversation without blame, shame, or reactivity • Stay regulated when the topic feels intense or triggering • Set boundaries and make requests that honour your needs • Keep the conversation open, even when the other person lacks emotional tools This workshop is interactive, real, and deeply supportive. Whether you're navigating conflict in friendships, family dynamics, co-parenting, partnerships, or the workplace, this is your space to learn how to express yourself with self-responsibility, groundedness, and grace. You'll leave with conversation starters, simple embodied practices, and a deeper understanding of what it means to speak up without blowing up. No more walking on eggshells. This is your permission slip to say what you mean. With confidence, ownership, and an open heart.

Bring: Something comfortable to sit on, water, definitely and note book and pen.

12PM WOMENS CIRCLE - Temple of Woman - Sacred Women's Circle with Inner Journey with Kaya

TBC

Bring:

12PM COMMUNITY HUB - Healing from Birth: A Constellation Demonstration with Trin Tambo

Healing From Birth: A Constellation Demonstration Birth is one of the most powerful transitions we experience—yet it can also carry unspoken trauma for mothers, fathers, babies, and even midwives. In this one-hour constellation demonstration, Trin gently reveals how hidden dynamics from birth experiences can continue to shape family systems. Participants will witness how systemic constellation work can bring release, restore balance, and open pathways for deeper bonding, healing, and peace.

Bring: Cushion and water bottle

1:20PM MAIN STAGE - Transformational Dance with Jo the Medium

1:20PM WORKSHOPS - Stop Dating Losers with Liz the Radiance Coach

Join Liz, a former family law and family violence lawyer, for Stop Dating Losers – a bold, empowering workshop for women ready to stop accepting crumbs from mediocre men and start dating from a place of deep self-worth, confidence and clarity. Together, we'll explore how to recognise manipulative behaviours, unpack the cultural messaging that keeps women in disempowering dynamics, and work through your own boundaries and what true consent means in relationships. You'll leave feeling radiant, grounded, and clear on what you deserve – and how to call it in.

1st August 2026

1:20PM WOMENS CIRCLE - Meet Your Future Self Guided Journey with Wallan Healing Tree

In this powerful subconscious exploration, participants are gently guided through a timeline journey to meet their highest future self – a version of themselves already living in alignment, clarity, and purpose. This meditation helps unlock inner wisdom, receive guidance, and identify what may be blocking their current path. Many participants report vivid impressions, symbolic messages, and a deep sense of familiarity during this journey. Some even describe experiences similar to remote viewing phenomena – accessing future spaces, environments, or timelines with surprising detail and clarity. This is a soul-led activation designed to shift perspective, build trust in your inner guidance, and connect with the empowered version of you that already exists.

Bring: yoga mat, cushion

1:20PM COMMUNITY HUB - Who Are You Without the Story with Dianne Horton

This offering invites deep inquiry into your identity around your story, it resonates with people who ready to go beyond roles, wounds, and label In this deeply honest and liberating presentation workshop, spiritual mentor Dianne Horton invites you to explore the simple yet powerful question: Who are you really, without the story you've been telling yourself? So much of our suffering is tied to identity, roles we play, beliefs we hold, and narratives we carry about who we are and what life should be. But what happens when we stop repeating the story, even for a moment? What's left when we no longer define ourselves by the past, our emotions, or the opinions of others? This workshop offers a quiet space to explore these questions through journalling, guided self-inquiry and shared insight. It is not about fixing, healing, or improving, but about gently seeing through the illusion of who we think we are to discover something else, offering a new way to live. Ideal for those in emotional pain, experiencing a transition, or a longing for something more.

Bring: A cushion or yoga mat (for comfortable seated awareness or silent sitting) A light blanket or shawl (optional, for warmth during still moments) A notebook or journal and pen (for any reflections, insights, or writing prompts) Water bottle and any personal items that support stillness. Wear comfortable clothing. This is a gentle space, no performance, no pressure, just presence.

1:20PM CRAFT - CRAFT MARQUEE CLOSED

Due to setting up next workshop

2:40PM MAIN STAGE - Hula hoop your heart out with Jane Fondle/ Hoops Thighs & Buttocks

This workshop is perfect for absolute beginners but all levels are welcome and the focus is on FUN! All hoops provided but bring your own if you have one. Joy and giggles are guaranteed!

2:40PM WORKSHOPS - Throat Chakra Activation with The Expression Atelier

A powerful throat chakra activation to help women own their voices and release energetic blockages when it comes to speaking and singing. A deeply transformational experience guiding you back home to your full authentic voice. Includes sound healing, guided meditation, interactive and reflective exercises.

Bring: Yoga mat, cushion and notebook

2:40PM WOMENS CIRCLE - Sound Bath with Sandy from Harmonic Sanctum

A sound bath with Harmonic Sanctum is a deeply restorative experience where soothing vibrations from crystal singing bowls wash over you. Participants are guided into a state of calm as the sound frequencies release tension, quiet the mind, and invite balance and harmony within.

Bring: Yoga mat, eye mask, blanket

2:40PM COMMUNITY HUB - Nurturing yourself through cancer treatment and beyond with Perfectly Imperfect Kris

A candid conversational presentation about the power of combining traditional medicine and holistic alternatives to help you move into health, vitality, and wellness throughout cancer treatment and beyond. I will be talking about diet, movement, and spiritual wellness. I discuss how food and movement is medicine, and can complement traditional medicine in synergy to assist healing through cancer treatment and beyond.

Bring: A cushion to sit on - for comfort, a notepad to take some notes if you would like. An open heart and a smile.

2:40PM CRAFT - Paint n Sip

Come and enjoy a session of Paint n Sip! Choose from two designs or create your own!

Paint n Sip repeats daily.

1st August 2026

4PM MAIN STAGE - Cowgirl Connections Mediumship readings for your loved ones including pets who have passed with The Cowgirl Medium

Have you often wondered what your animal is communicating to you? Animal communication is a wonderful awakening to start a dialogue with your pets (and also pets in spirit if you choose) For many of us we are already connecting but maybe we would like to expand on that knowledge I'll share tools to help you amplify your connection to the animal kingdom and the messages they want to share with us.

Bring: Journal

4PM WORKSHOPS - Burlesque Dance Class Presented by "Phoenix" - Owner of Wilde Women Movement & Sacred Grounds of Wilde

An embodiment Dance Burlesque Workshop

Present by "Phoenix" - Owner of Wilde Women Movement & Sacred Grounds of Wilde

Bring: Bottle of water

4PM WOMENS CIRCLE - Sacred Womb Journey with Fembodied

Your womb is a source of deep wisdom, creativity, and power. In this workshop, we journey inward to reconnect with her. Through guided movement, breathwork, gentle self-massage, and meditation, you'll be invited to explore your womb space, clear what no longer serves you, and reclaim it as sacred ground. We'll journal before and after to capture insights and intentions, giving you tools to continue this connection at home. This is a space for healing, empowerment, and remembering that your womb is yours alone — a wellspring you can return to anytime.

Bring Yoga mat, cushion/pillow, blanket, journal & pen

4PM COMMUNITY HUB - Reclaiming Your Power through Shadow Work with Cherie Rivas Transformational Therapies and Coaching

Discover how your hidden fears, triggers, and limiting beliefs hold the keys to your deepest power. This session offers practical tools to decode emotional patterns, rewrite unconscious narratives, and integrate disowned parts of self—awakening clarity, confidence, and authentic wholeness through the transformative path of shadow work.

Bring: Notebook and pen (optional)

5:20pm MAIN STAGE - Live Performance by Wilde Women Movement

A women's empowerment dance studio, teaching women self-love & confidence through the art of dance.

5:20pm WORKSHOPS - Unlock the Secrets of the Witches' Wound with The Business Witch

Are you ready to embrace your true power? Discover the untold story of the Witches' Wound. A generational trauma that has silenced women for centuries. Join Katrena Friel, as she takes you on a transformative journey to heal, rise, and reclaim your voice. What You'll Learn: The history and impact of the witch trials on modern women. How the Witches' Wound manifests in your life today - fear, self-doubt, and suppression. Tools and rituals to heal and reconnect with your feminine wisdom. The rise of the modern witch: reclaiming intuition, creativity, and leadership. This talk isn't just about history - it's about you. It's about breaking free from the invisible chains that hold you back and stepping fully into your authentic self. Whether you're a seeker, a leader, or someone yearning for more, this talk will inspire and empower you to rewrite your story.

Bring: Notebook

5:20pm WOMEN'S CIRCLES - Feminine pain lines generational clearing with Dancing with Horses

Lets sit in sacred circle and co-collaborate in a powerful Shamanic journey to identify and clear feminine pain body lines both generational and past lives for ourselves, our family and all women. No prior experience necessary. NOTE: a Shamanic journey is similar to a guided meditation with the practitioner sounding a drum to create a rhythmic heartbeat that guides you through and during your journey.

Bring: yoga mat, small cushion for pillow and a blanket in case its cool. A journal to write in after

5:20pm COMMUNITY HUB - Spark Sessions: Connect & Reflect with Sionna Lifestyle & Yoga

Step into a space designed for genuine connection, laughter, and self-discovery. Spark Sessions: Connect & Reflect is a playful, strengths-based networking experience guided by Shannon Townsend - a storyteller, facilitator, and wellbeing advocate who believes that joy and authenticity are contagious. Through guided conversations, movement, and reflection, participants are invited to explore their personal strengths and celebrate what makes them (and others) shine. Think of it as speed-dating meets soul-sharing - short bursts of meaningful connection that leave you feeling seen, energised, and inspired. Perfect for solo attendees or groups wanting to expand their circle in a fun and heart-centred way, this session will ignite your curiosity, confidence, and sense of community. Come ready to listen, laugh, and leave glowing with new friendships and fresh perspective.

1st August 2026

6:40pm MAIN STAGE - Live Performance by EMMARA

Emmara is an Australian/Filipino solo performer based between Brisbane and the Gold Coast. Singing and playing acoustic guitar, she performs a mix of original music and popular acoustic covers.

With around 10 original songs released across streaming platforms including Spotify and Apple Music, Emmara is passionate about connecting with audiences through heartfelt live performances and storytelling through music.

Alongside her original work, she regularly performs at venues and events across Brisbane and the Gold Coast, bringing a warm, laid-back acoustic vibe with well-known songs audiences love to sing along to.

6:40PM WORKSHOPS - Bogan Bingo

Bogan Bingo is a fun and hilarious event that combines bingo, trivia, music and jokes. Win tacky bogan prizes and dress up as Shazza or Dazza to get the ball rolling on an epic night of fun. Walk the red carpet in all your bogan glory!

Bring: Your Mullet and your best mates girlfriend

6:40pm COMMUNITY HUB - When You're at a Crossroads: Learning to Trust What Your Body Is Saying with Bodyflow Energetics

Many women find themselves at a crossroads - after a breakup, burnout, identity shift, or life change - unsure which way to move forward, even though they've "done the inner work." In this experiential workshop, Kemina explores how clarity often doesn't come from thinking harder, but from learning to listen to the body's quieter signals. Through grounded insight and a gentle embodied practice, participants are guided to reconnect with their internal sense of truth and direction. This session is designed to support women to feel more anchored, confident, and self-trusting, especially during times of uncertainty, with a simple practice they can return to when life feels unclear.

BRING: Participants are welcome to bring a notebook and pen if they'd like to jot down reflections, as well as a cushion or shawl for comfort. Everything needed for the session will be provided and the workshop is designed to be accessible whether participants are seated or on the floor.

7:30pm MAIN STAGE - Spinderellas

followed by 80's dance workshop with Jane Fondle/ Hoops Thighs & Buttocks

This powerhouse troupe of 10 women aged 17 to 70 delivers high-energy hula hoop performances packed with sass, circus flair and cheeky fun for audiences of all ages. Combining dynamic choreography, playful stage presence and impressive hoop skills, their performances are designed to entertain, empower and captivate festival crowds.

Coming from a diverse range of backgrounds and life experiences, the troupe was created as a space to nurture sisterhood, connection and confidence while kicking ass together on and off the stage.

8PM - 10PM - MAIN STAGE - 70's, 80'S & 90's DRESS UP DANCE WITH RENEE TUI

Meet DJ Renee Tui – Your Ultimate versatile DJ! DJ Renee Tui isn't just any DJ; she's a dynamic and passionate artist whose love for music spans across decades. From the groovy vibes of the '70s, the electrifying beats of the '80s, the iconic anthems of the '90s, to the unforgettable hits of the 2000s! With a knack for reading the crowd and covers a broad spectrum of genres, DJ Renee Tui makes an unforgettable experience on the dance floor. Whether it's a retro-themed party, a wedding celebration, or a high-energy club night, she knows exactly how to get the crowd moving and keep the energy alive. Get ready to dance, sing along, and lose yourself in the rhythm with DJ Renee Tui – where every beat tells a story!

Optional Dress Code:

Go all out in your most over-the-top iconic outfit from your favorite era – 70's disco glam, 80's neon and big hair, 90's grunge or pop star vibes, or 2000's bling and Y2K chic.

Think bold colors, statement accessories, and outfits so nostalgic they could be in a museum... or a music video.

Sunday

2nd August 2026

MAIN STAGE	WORKSHOPS	WOMEN'S CIRCLES	COMMUNITY HUB	CRAFT	MEET & GREET
8AM	8AM	8AM	8AM	8AM	8AM
Yoga; a journey from movement into stillness with Laura Kerr/ Community Yoga Boonah	Why You're Exhausted (and How to Come Back to Yourself) with Bodyflow Energetics	Beyond Burnout: Reclaiming Energy, Boundaries & Balance with Innerform Health	The Body You Live In: Women's Health Without the Guesswork with Brightfolk Naturopathy	TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)	
9:20AM	9:20AM	9:20AM	9:20AM	9:20AM	
Fun is the most serious thing you can do with Sionna Lifestyle & Yoga	Introduction to Business Constellations with Trin Tambo	Temple of the Senses with Fembodyed	Sound Immersion with Divine Horizons	Water Colours	
10:40AM	10:40AM	10:40AM	10:40AM	11AM	
Reclaiming Her: A sensual & deeply healing yoga experience with Rikki Yeowart	Business Magic with The Business Witch	Remember Your Power Through Pussy Connection with Liz the Radiance Coach	Your Adventure Era Starts Here with Cassandra Carson, Founder of Girls Day Out 4WD Edition	Marquee CLOSED due to setting up for next workshop	
12PM	12PM	12PM	12PM	12PM	
Dancing between worlds - spirit messages & intuitive movement with The Healing Academy Australia - presenting Connie Rose, Voice for Spirit	Release and Renew - Healing Through Narrative with Lisa Keskinen	Gratitude Sounds with The Gratitude Method TM	Rewriting the Inner Script: Shadow Work and the Power of Personal Narrative with Cherie Rivas Transformational Therapies and Coaching	Paint n Sip	
1:20PM	1:20PM	1:20PM	1:20PM		
TBC	EMBODY YOUR QUEENDOM with Intuitive Self	Meet Your Spirit Guide with Wallan Healing Tree	Freedom Beyond Belief with Dianne Horton		
3PM - MAIN STAGE CLOSING CEREMONY - WITH Connie Rose, Voice for Spirit					

2nd August 2026

8AM MAIN STAGE - Yoga; a journey from movement into stillness with Laura Kerr/ Community Yoga Boonah

A practice that begins with dynamic, breath-led flow and gradually softens into long, nourishing holds. This journey invites you to balance energy with rest, leaving you grounded, centered, and at ease. Suitable for all.

Bring: Yoga mat

8AM WORKSHOPS - Why You're Exhausted (and How to Come Back to Yourself) with Bodyflow Energetics

So many women are doing "all the right things" - self-care, healing, mindset work, yet still feel deeply tired, foggy, or disconnected from themselves. In this experiential workshop, Kemina explores why exhaustion is often not about doing more, but about how the nervous system has been carrying stress, responsibility, and pressure for too long and how it can begin to reset. Blending grounded insight with a simple embodied practice, this session is designed to help participants feel more settled, present, and connected in their bodies, without needing to push, fix, or perform. Women will leave with a clearer understanding of what their system actually needs right now, and a practical tool they can gently integrate into everyday life.

Bring: Notebook and pen

8AM WOMEN'S CIRCLE - Beyond Burnout: Reclaiming Energy, Boundaries & Balance with Innerform Health

If you've ever felt like you're running on empty, giving to everyone else and leaving nothing for yourself, this is your reset moment. In this transformational workshop, Jane and Chloe reveal what's really happening beneath burnout: the chemistry, the conditioning, and the cycles that keep you stuck in "survival mode." Through body-based tools, nervous system resets, and nutritional insights, you'll learn how to restore energy, rebuild boundaries, and come home to your natural rhythm again. This isn't just self-care, it's self-reclamation. Facilitators: Jane Ooms & Chloe Louise

Bring: Notebook and pen (optional)

8AM COMMUNITY HUB - The Body You Live In: Women's Health Without the Guesswork with Brightfolk Naturopathy

This workshop is an empowering, down-to-earth conversation about women's health — without medical jargon, fear-based messaging, or "fix yourself" energy. Led by local women's health naturopath Maddison Auld, this session helps women reconnect with their bodies, understand common symptoms they've been told to ignore, and learn practical ways to support their hormones, energy, mood, and nervous system in everyday life. This is not about doing more — it's about understanding more.

Bring: Cushion, notebook, open hearts

8AM CRAFT - TIE DYE EXPERIENCE (PRE-ORDER MERCH EXPERIENCE)

Get hands-on and create your own piece of festival magic! Using your pre-ordered exclusive festival tee, you will bring it to life with bold, colorful tie-dye designs. No two pieces will ever be the same — you'll walk away with a wearable memory you made yourself. This is for pre-orders only. To take part in this experience please select this option here:

<https://events.ticketbooth.com.au/event/ultimate-girls-weekend-presented-by-bohemian-summer-festival>

Please note that orders will close off closer to the event and can not be purchased at the festival.

9:20AM MAIN STAGE - Fun is the most serious thing you can do with Sionna Lifestyle & Yoga

Join Shannon Townsend for a heart-opening, laughter-filled keynote experience that reminds us that play isn't a luxury - it's essential. In 'Fun Is the Most Serious Thing You Can Do', Shannon blends storytelling, movement, mindfulness, music, and a healthy dose of mischief to spark joy and reconnect you with your most vibrant self. Through shared stories, simple embodied practices, and a touch of ukulele-led magic, Shannon invites women to explore how fun and creativity fuel resilience, wellbeing, and authentic connection. This is part presentation, part participatory experience - a soulful celebration of being alive, expressive, and unapologetically you. Expect to laugh, reflect, move a little, sing a little, and leave glowing a lot.

Bring: Participants are encouraged to bring a yoga mat or cushion, a notebook/ journal and pen for reflections, and an open mind ready for laughter and movement. Comfortable clothing is ideal, as there may be moments of gentle stretching or dancing. Most importantly, bring your curiosity and sense of play - they're the real essentials!

2nd August 2026

9:20AM WORKSHOPS - Introduction to Business Constellations With Trin Tambo

You are invited to place your medicine on the altar of humanity. Come along and see how Katrena develops your magical business plan to become an expert in your field of excellence. Learn step by step how to position, package and price yourself correctly in your market through 7 streams of income. In this session, we will walk together through the 5 directions in this interactive experience you will discover your magical business destiny.

Bring: Notebook and Pen

9:20AM WOMEN'S CIRCLE - Temple of the Senses with Fembodyed

Step into a sacred, sensual temple space designed for you to explore your senses, awaken your pleasure, and experience the magic of giving and receiving. Using touch, soft fabrics, feathers, scents, and textures, we'll create a safe, non-sexual space to discover what feels delicious to your body — and to express when something doesn't. Working in small groups, you'll have the opportunity to gift touch, receive it, and witness others, all while practicing the tools of consent and boundaries (As offered in "Embodied Consent & Boundaries" workshop) This is an invitation to slow down, listen to your body's whispers, and experience the joy of being fully in your senses and expanding your ability to receive.

Bring: Yoga mat, sarong, cushion, anything soft and sensory. (Think feathers, silks and velvet.)

9:20AM COMMUNITY HUB - Sound Immersion with Divine Horizons

Bindy is a seasoned Sound Healer and Spiritual Musician with years of dedicated practice. She offers a unique & transformative sound healing meditation experience that has earned her recognition as the winner of the 2024 Spiritual Leaders Award in the Sound Healer/Spiritual Musician category. As an energy worker, Bindy is deeply passionate about using beautiful sound vibrations to promote healing and spiritual growth. Her proficiency & dedication make her a must experience practitioner at this year's festival

Bring: yoga matt/cushion/blanket/water/journal

9:20AM CRAFT - Water Colors

Slow down, unwind and get creative in our relaxing Watercolour Workshop. Perfect for beginners and experienced artists alike, this session invites you to explore the beauty of watercolour painting in a fun, supportive and judgment-free space. Guided through simple techniques and creative expression, participants will create their own unique artwork while enjoying a calming and mindful experience. Whether you're looking to try something new, reconnect with your creative side or simply take a peaceful break from the festival atmosphere, this workshop is the perfect chance to relax and create. All materials are provided — just bring yourself and your imagination.

10:40AM MAIN STAGE - Reclaiming Her: A sensual & deeply healing yoga experience with Rikki Yeowart

This is not your average yoga class. Reclaiming Her is a sacred journey back to the wisdom, worth, and wildness of your body. Through slow, intuitive movement, conscious breath, soulful self-touch, and evocative music, you'll be guided into a space of embodied presence, radical self-compassion, and sensual remembrance. This practice isn't about how you look. It's about how you feel. In this one-hour experience, you'll explore what it means to move for you. To breathe with intention, to meet yourself with tenderness, and to offer love not only to the parts of your body you celebrate... but to the parts you've judged, ignored, or hidden away. This is a space for deep healing, fierce self-love, and unapologetic expression. A journey back to your sensuality. A reclamation of the power that lives in your skin. This isn't just yoga. It's coming home to yourself.

Bring: Yoga mat, water, tissues for emotions, notebook if they like to journal after their experience, probs if they feel they'll need it.

10:40AM WORKSHOPS - Business Magic with The Business Witch

Discover the Power of Energy Business, you are invited to place your medicine on the altar of humanity. Come along and see how Katrena develops your business plan to become an expert in your field of excellence. Learn step by step how to position, package and price yourself correctly in your market through 7 streams of income. In this session, we will walk together through the 5 directions, East (Air), South (Fire), West (Water), North (Earth) and Space in this interactive experience you will discover your business destiny and uncover your Business Magick with Katrena, Your Business Witch. It is the HOW you have been waiting for.

Bring: Notepad and pen

10:40AM WOMEN'S CIRCLE - Remember Your Power Through Pussy Connection with Liz the Radiance Coach

Step into your divine feminine power by reconnecting with your pussy—the source of your intuition, pleasure, and self-love. This empowering workshop blends movement, meditation, and playful exploration to help you release shame, rediscover your body's wisdom, and ignite your inner radiance. Through dance, guided meditation, and group connection, you'll deepen your relationship with your body and desires, unlocking confidence and embodiment like never before.

2nd August 2026

10:40AM COMMUNITY HUB - Your Adventure Era Starts Here with Cassandra Carson, Founder of Girls Day Out 4WD Edition

This is your sign to start the adventure you've been dreaming about. Whether it's road trips, beach drives, camping weekends or off-grid exploring – this fun and empowering session is all about helping women feel confident getting started. We'll chat through the basics in a relaxed, no-pressure way – what you actually need (and what you don't), simple tips to feel safe and prepared, and how to take that first step into your adventure era.

Come solo or with your girls – this is all about building confidence, having a laugh, and realising you're more capable than you think.

Bring: Sense of Adventure!

11AM CRAFT - CRAFT MARQUEE CLOSED

Due to setting up next workshop

12PM MAIN STAGE - Dancing with Spirit: A Mystical Journey with Connie Rose, Voice for Spirit & Suzi from Healing Moods

Step into a soul-lead celebration where Spirit meets movement, and healing becomes a dance... Join Connie Rose – Voice for Spirit, and Suzi from Healing Moods, for a transformative uplifting experience at the Bohemian Summer Festival.

Together, they invite you on a magical journey into the heart of the unseen – where love, healing, and divine connection await. Connie Rose will channel messages from your spirit team, ancestors, and passed loved ones, bringing through guidance, comfort, and joy direct from the spirit world. Then, guided by Suzi's intuitive flow, we'll shift the energy through the power of movement – shaking off what no longer serves and becoming a clear channel to receive more light and love.

🌟 Whether you sit or stand, sway gently or move freely – this experience is for everyone. No dance background needed, just an open heart and a desire to reconnect with your passed loved ones and spirit team. Together, we'll create a sacred space to release, receive, and rejoice – dancing with our own spirit teams in a circle of unconditional love. 🧘 A mystical merging of spirit and embodiment. 🌺 A joyful expression of healing through dance. ✨ A divine moment of connection, just for you. Come dance with Spirit... they're already dancing with you.

Bring: Open loving hearts and the little girl inside her that wishes to play!

12PM WORKSHOPS - Release and Renew - Healing Through Narrative with Lisa Keskinen

Lisa creates a safe space for you to rest deeply, release what's holding you back, and renew your mind, body and spirit. Reset your nervous system, reconnect with yourself, and realign with your true nature. This powerful workshop includes: • Sound, energy and breath work • A brief introduction to Healing Through Narrative – how to reshape your life's stories & scripts, to transform and heal • A short writing exercise • Guided drum meditation to release what's holding you back, and to renew your spirit.

Bring: Yoga mat, rug, notebook & pen.

12PM WOMEN'S CIRCLE - Gratitude Sounds with The Gratitude Method TM

"Sound Healing with Quartz Bowls & Tuning Swords" is a soul-nourishing experience that blends vibrational healing with the transformative power of gratitude. As the tones of the crystal quartz bowls and tuning swords flow through your body, you'll be guided through three powerful gratitude practices honouring the past with forgiveness and reflection, embracing the present through awareness and appreciation, and calling in the future with intention and trust. This immersive sound journey helps to clear energetic blockages, calm the nervous system, and elevate your frequency to a state of peace, love, and clarity. Leave feeling lighter, aligned, and deeply connected to yourself and the energy that surrounds you.

Bring: Cushion mat journal and pen

12PM COMMUNITY HUB - Rewriting the Inner Script: Shadow Work and the Power of Personal Narrative with Cherie Rivas Transformational Therapies and Coaching

This talk empowers participants to uncover and transform the unconscious stories they live by. By identifying the root wounds behind their narratives, they can reclaim authorship of their lives.

Bring: Notebook and pen

12PM - PAINT N SIP

Come and enjoy a session of Paint n Sip! Choose from two designs or create your own!

Paint n Sip repeats daily.

2nd August 2026

1:20PM MAIN STAGE - TBC

1:20PM WORKSHOPS - EMBODY YOUR QUEENDOM with Intuitive Self

How do you wish to move through the world? Be guided in a sacred journey to meet your inner Queen & claim your Queendom. Through intuitive movement & creative expressive practices, you are invited to give yourself full permission to embody how you wish to feel. No more playing small or giving your power away. We are here to put stakes in the ground and feel juicy and powerful! A nourishing opportunity to remember who you are and all that you are capable of.

Bring: Notebook

1:20PM WOMEN'S CIRCLE - Meet Your Spirit Guide with Wallan Healing Tree

In this powerful subconscious exploration, participants are gently guided through a timeline journey to meet their highest future self – a version of themselves already living in alignment, clarity, and purpose. This meditation helps unlock inner wisdom, receive guidance, and identify what may be blocking their current path. Many participants report vivid impressions, symbolic messages, and a deep sense of familiarity during this journey. Some even describe experiences similar to remote viewing phenomena – accessing future spaces, environments, or timelines with surprising detail and clarity. This is a soul-led activation designed to shift perspective, build trust in your inner guidance, and connect with the empowered version of you that already exists.

Bring: yoga mat, cushion

1:20PM COMMUNITY HUB - Freedom Beyond Belief with Dianne Horton

Enabling participants to recognise their own freedom without any constructs or beliefs In this powerful workshop, spiritual mentor Dianne Horton invites you to explore what lies beyond even your most cherished ideas, beliefs and spiritual concepts. Together, we will gently uncover how the mind's beliefs about yourself, others, and life create the very experience of limitation and struggle. This is not about adopting new beliefs. It's about seeing clearly and allowing the truth to reveal itself, effortlessly. Through journalling, awareness, real conversation, and deep inner inquiry, you'll begin to feel what life is like when you're no longer shaped by beliefs both past, present and future. Ideal for those who are ready to stop, let go, and 'BE'.

Bring: A cushion or yoga mat (for comfortable seated awareness or silent sitting) A light blanket or shawl (optional, for warmth during still moments) A notebook or journal and pen (for any reflections, insights, or writing prompts) Water bottle and any personal items that support stillness. Wear comfortable clothing. This is a gentle space, no performance, no pressure, just presence.

3PM MAIN STAGE - CLOSING CEREMONY with Connie Rose, Voice for Spirit

Join us, one last time, as we gather in the gentle embrace of our closing ceremony, lovingly guided by the incredible Connie Rose, Voice for Spirit.

Together, we will soften our breath, steady our hearts, and ground our spirits before we journey home.

We offer our gratitude to the land that has held us with such patience and grace.

To the women who have woven their gifts into the tapestry of this festival.

To the families and loved ones who made space for us to be here.

And most of all, to ourselves—for saying yes to this time.

Time to reconnect.

Time to recharge.

Time to remember who we are.