

Self Care Hub

THURSDAY - 6PM - 8:30PM

Energy Medicine with Lodge Healing	Reiki Healing with Earth Aya Energy	Seasons of the Soul - Channeled Sound Weaver with Seasons of the Soul	Kinesiology with Rachel Mason Kinesiology	Intuitive Tarot Readings with Vira Soul	Psychic Tarot Readings with Miss Kelly Psychic Services
Holistic counselling + Wellness Coaching with Wellness with Cobie	Psychometry, Mediumship, Past Life Readings with Rainbow Light Reflections	Intuitive Human Design Readings with Kapa Ora Collective	In-depth Astrology Reading with Majik of Life		

FRIDAY - 9AM - 11:30AM

Reiki and Colour Therapy with Nymet	Release, realign, and reconnect with Spinal Energetics with Kath from Hill Tribe Healing	Intuitive Tarot Readings with Vira Soul	Reiki master-energy healing with Vanessa	Soul readings with Alorah healing and Psychic Services	Intuitive and Psychic Tarot and Oracle Reading by Crystal Owl Healings
Holistic counselling + Wellness Coaching with Wellness with Cobie	Psychic Medium Readings with The Affable Soul	Intuitive Human Design Readings with Kapa Ora Collective	Psychometry, Mediumship, Past Life Readings with Rainbow Light Reflections		

FRIDAY - 12:30PM - 3PM

Energy Medicine with Lodge Healing	Floor. Womb to Earth with Womb Whispers Healing	Kinesiology with Rachel Mason Kinesiology	Intuitive Tarot Readings with Vira Soul	Oracle card readings with Lifted Up By Angels	Psychometry, Mediumship, Past Life Readings with Rainbow Light Reflections
Psychic & Mediumship Readings with Jordie Janes Psychic Medium	Intuitive Human Design Readings with Kapa Ora Collective	Psychic Tarot Readings with Miss Kelly Psychic Services	Seasons of the Soul - Channeled Sound Weaver with Seasons of the Soul		

FRIDAY - 4PM - 6:30PM

Reiki and Colour Therapy with Nymet	Release, realign, and reconnect with Spinal Energetics with Kath from Hill Tribe Healing	Floor. Womb to Earth with Womb Whispers Healing	Seasons of the Soul - Channeled Sound Weaver with Seasons of the Soul	Psychic Medium by Sugar and Spice Holistic Wellbeing	Intuitive Tarot Readings with Vira Soul
Oracle card readings with Lifted Up By Angels	Intuitive and Psychic Tarot and Oracle Reading by Crystal Owl Healings	Holistic counselling + Wellness Coaching with Wellness with Cobie	In-depth Astrology Reading with Majik of Life		

SATURDAY - 9AM - 11:30AM

Reiki and Colour Therapy with Nymet	Release, realign, and reconnect with Spinal Energetics with Kath from Hill Tribe Healing	Reiki master-energy healing with Vanessa	Light Whispers Kinesiology	Intuitive Tarot Readings with Vira Soul	Soul readings with Alorah healing and Psychic Services
Intuitive and Psychic Tarot and Oracle Reading by Crystal Owl Healings	Psychic Medium Readings with The Affable Soul	Psychic Medium with Lodge Healing	Seasons of the Soul - Channeled Sound Weaver with Seasons of the Soul	Intuitive Human Design Readings with Kapa Ora Collective	Psychic & Mediumship Readings with Jordie Janes Psychic Medium

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SATURDAY - 12:30PM - 3PM

Release, realign, and reconnect with Spinal Energetics with Kath from Hill Tribe Healing	Floor. Womb to Earth with Womb Whispers Healing	Kinesiology with Rachel Mason Kinesiology	Intuitive Tarot Readings with Vira Soul	Soul readings with Alorah healing and Psychic Services	Psychic Medium with Sugar and Spice Holistic Wellbeing
Oracle card readings with Lifted Up By Angels	Psychic Tarot Readings with Miss Kelly Psychic Services	Oracle card readings with Lifted Up By Angels			

SATURDAY - 4PM - 6:30PM

Floor. Womb to Earth with Womb Whispers Healing	ISBT-Bowen Therapy – Upper Body by Rachel Mason Kinesiology	Light Whispers Kinesiology	Intuitive Tarot Readings with Vira Soul	Psychic Medium with Sugar and Spice Holistic Wellbeing	Intuitive and Psychic Tarot and Oracle Reading with Crystal Owl Healings
Soul Quest - Key to Illumination with Seasons of the Soul	Intuitive Human Design Readings with Kapa Ora Collective				

SUNDAY - 9AM - 11:30AM

Reiki and Colour Therapy with Nymet	Energy Medicine with Lodge Healing	Soul Quest - Key to Illumination with Seasons of the Soul	Reiki master-energy healing with Vanessa	Intuitive Tarot Readings with Vira Soul	Soul readings with Alorah healing and Psychic Services
Psychic Medium by Sugar and Spice Holistic Wellbeing	Intuitive and Psychic Tarot and Oracle Reading by Crystal Owl Healings	Psychometry, Mediumship, Past Life Readings with Rainbow Light Reflections	Psychic Medium Readings with The Affable Soul	In-depth Astrology Reading with Majik of Life	

SUNDAY 12:30PM - 3PM

Reiki Healing with Earth Aya Energy	Kinesiology with Rachel Mason Kinesiology	Intuitive Tarot Readings with Vira Soul	Oracle card readings with Lifted Up By Angels	Psychometry, Mediumship, Past Life Readings with Rainbow Light Reflections	Psychic Medium with Lodge Healing
Intuitive Human Design Readings with Kapa Ora Collective	Psychic Tarot Readings with Miss Kelly Psychic Services				





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Alorah Healing and Psychic Services - Soul Readings

Soul readings with Erica Van Loenen. Psychic/ healer/ channeller. Erica brings through messages and healing to support you now and with moving forward. Working with the divine, angels, ascended masters, celestial beings and sometimes loved ones in spirit. These readings bring clarity and help you with connection to self. Erica has been working in the industry professionally since 2007. And works regularly at expo's and psychic dinners around Victoria.



Crystal Owl Healings - Intuitive and Psychic Tarot and Oracle Reading

Lisa is a Intuitive and Psychic Tarot reader, Lisa knew tarot reading was her calling when she purchased her first deck of Tarot cards over 30 years ago.



Earth Aya Energy - Reiki Healing

Aya is a Reiki Master and Intuitive Healer who weaves together Reiki, Pranic, Seichim and Crystal Healing to create deeply restorative and personalised energy sessions. Her offerings are intuitive, nurturing and tailored to meet you exactly where you're at – supporting relaxation, energetic balance and inner clarity.



Jordie Janes Psychic Medium - Psychic & Mediumship Readings

Jordie is a passionate and caring Psychic Medium who finds immense joy in connecting you with your loved ones in spirit, reminding you that they are always near. She believes we all have the ability to communicate with the other side—often through signs and symbols that hold personal meaning. Jordie's psychic readings blend energy and insight to offer clarity, guidance, and empowerment across all areas of life, including career, relationships, health, finances, family, and personal growth—all while honoring your free will.



Kapa Ora Collective - Intuitive Human Design Readings

Jade will guide festival-goers using their Human Design chart during a self-care session, revealing how they are energetically designed to make decisions, communicate, and move through the world. Perfect for integrating the revelations and realisations unlocked at a transformative weekend festival, each reading offers practical guidance to help ground new learnings and take them home with clarity and confidence.



Lifted Up by Angels - Oracle card readings

Having eight years experience, Wendy uses oracle cards to tell a story of what has passed, what is happening now, and what will happen in the future.





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Light Whispers Kinesiology - Kinesiology

Your body is innately designed to heal itself but to do so your physical, emotional, mental & spiritual bodies need to be in a state of balance and harmony. When in balance healing takes place and your natural ability to thrive flows. Decision making becomes clearer, physical health improves, and vitality shines to live your authentic life. Light Whispers Kinesiology brings focus to the messages your body wants heard so they can be addressed and cleared. Kind of like sweeping the path for you to walk it.



Lodge Healing - Energy Medicine

Our bodies and energy fields are constantly under threat at the moment due to a chaotic time in world history. This creates disease and pain in our physical bodies as well as mental health issues. Bron works with multiple energy systems, reconnecting and getting them flowing again so your body can heal and flourish. Bron also clears your energy field from lower vibration energies which leaves you feeling lighter and clearer.



Lodge Healing - Psychic Medium

Bron is a Psychic Medium who empathically tunes into and brings forth insights from your energy field regarding who you are and any challenges you may be going through. She also brings through evidence based messages from deceased loved ones giving people peace and clarity that their loved ones are ok on the other side.



Majik of Life - In-depth Astrology Reading

Jesslyn is an insightful and gifted Shamanic and Evolutionary Astrologer, with a natural ability to decode natal birth charts in a way that is practical and easy to understand whilst adding a sprinkle of spiritual insights. Her mission is to guide you in unlocking the magic of your unique chart so that you can fully step into your highest potential.



Miss Kelly Psychic Services - Psychic Tarot Readings

Miss Kelly, renowned Psychic Medium, will be joining us once again. Kelly's readings will give you plenty on insight, clarity, aswell as connecting with spirit. Miss Kelly guides you through the wisdom of the cards. Whether you're seeking answers, affirmation, or a glimpse into what lies ahead, her readings offer a soulful experience tailored just for you.



Nymet - Reiki and Colour Therapy

Nymet offers a hands on intuitive Reiki Healing - individual for every individual - stimulating the body's own natural healing. For example:- Mentally - Eases stress and depression Physically - Relieves aches and pains Emotionally - Promotes personal development Spiritually - Brings peace and spiritual growth To mention just a very few benefits. To finish off your session, you will receive a Chakra Colour Balance, leaving you balanced, grounded and relaxed. Namaste





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Rachel Mason Kinesiology - Kinesiology

Stuck? Stressed? Difficulty coping? In survival? A kinesiology 'balance' can help you regain calm, clarity, and feel yourself again. Kinesiology is an empowering energetic healing modality which uses gentle muscle monitoring to highlight stresses via the body's bio-feedback system. With a holistic approach, Kinesiology explores and then integrates the conscious and subconscious compensations affecting you on physical, functional, mental, emotional and energetic levels.



Rachel Mason - ISBT-Bowen Therapy – Upper Body

ISBT-Bowen Therapy is a hands-on physical therapy working with the body's soft connective tissue (fascia) to stimulate the body's own healing mechanisms. An ISBT-Bowen treatment involves precise, gentle pressure and rolling hand movements which are applied to specific points on muscles, tendons and ligaments.

The pauses between moves are also crucial, allowing time for the nervous system to respond and for the body to rebalance, relax muscles, and promote tissue repair. The session will focus specifically on stress of the upper body including the upper back, neck, and shoulders.



RAINBOW LIGHT REFLECTIONS - Psychometry, Mediumship, Past Life Readings

As a Medium, Anne-Veronica travels between two worlds blending with the spirit energy of the ancestors, bringing messages from loved ones, guides and inspirers who speak to us now from beyond the veil. Anne-Veronica journeys through divine doors of life offering valuable intuitive insight into past, present & future circumstances. Connecting on a soul to soul level Anne-Veronica feels into the aura exploring energetic imprints related to health, wellbeing & past life experiences that reflect soul's ongoing journey.



Reiki Energy Healing with Vanessa

Vanessa is a reiki master providing energy healing. Vanessa will use the added healing powers of crystals, reiki symbols, sound chimes and tuning forks to unblock chakras and promote wellness



Seasons of the Soul - Channeled Sound Weaver

Natasha Gillian is a Channel for Spirit. Weaving Light language, Sound Frequencies incorporating Instruments with Channeled Toning, together with Energy work including Reiki.

Working The Akashic Records and Past Lives & directly with your Guides, Natasha works deeply to embody and embrace what needs to be shown and assisting these energies and emotions to be released.

Natasha can also assist you with activations such as Voice, Light Language, Intuition and more.



Seasons of the Soul - Soul Quest - Key to Illumination

Natasha Gillian is a Channel for Spirit. Working directly with your Guides and loved ones. Natasha is the key between worlds. Utilising Oracle Cards (multiple deck reader). Natasha illuminates' messages and brings this altogether by providing deep insight. This form of channeling is very supportive and validating for you, providing a clear path and direction forward. Natasha is very in depth, and this brings her great joy to support you and provide you with clarity for 3, 6 or 12 months ahead.





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Spinal Energetics with Kath from Hill Tribe Healing - Release, realign, and reconnect with

A gentle yet powerful practice to release stress, clear stuck energy, and restore balance. Spinal Energetics supports emotional release, nervous system regulation, and leaves you feeling lighter, brighter, and deeply reconnected



Sugar and Spice Holistic Wellbeing - Psychic Medium

In your reading we can connect with the universe for divine wisdom, your guides and loved ones passed to ask for insight in all aspects of your life, sometimes past lives will also come up depending on what you need in this stage of your journey. Located in the beautiful Yarra Valley, Sugar and Spice Holistic Wellbeing works with the mind, body, and spirit. Assisting you on your individual journey through life with psychic readings, messages from spirit, crystal therapy, and hot stone massage.



The Affable Soul - Psychic Medium Readings

For those seeking quick and direct guidance, Maddie's Psychic Medium Readings offer focused insights into your current life situations. This shorter yet impactful session is perfect for addressing specific questions or concerns, or Mediumship connection to one individual. It's a concise reading designed to provide clarity and direction in a limited timeframe. Many clients have shared glowing reviews, appreciating the accuracy and value they receive with Maddie in her shorter form readings.



Vira Soul - Intuitive Tarot Readings

Mae-Lin offers interactive tarot readings that empower you to connect with your own wisdom, spirit guides, and soul. Together, you'll explore spiritual lessons and energetic influences, focusing on growth and action.



Wellness with Cobie Holistic counselling + Wellness Coaching

Upon arrival, clients will be gently guided into the space with a grounding practice before entering a powerful one-on-one session. Each session is uniquely tailored, drawing from a range of holistic counselling and wellness coaching modalities. Blending science-backed strategies with intuitive guidance, the experience is both deeply personal and profoundly supportive. Whether seeking clarity, emotional release, or direction, each individual leaves feeling more empowered, centred, and aligned with their next steps.



Womb Whispers Healing - Floor. Womb to Earth

Chelsea, a birth doula, sound weaver, and space holder, invites you to step into womb energy and crystal sound healing—a gentle space to release, realign, and connect with your truth

